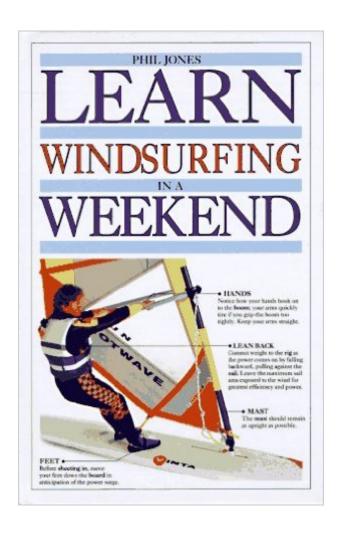# Learn Windsurfing In A Weekend (Learn In A Weekend Series)

Synopsis

A complete introduction to the sport, explaining everything from the board and sail, to how to get back to shore, to the best places to sail.

Book Information

Series: Learn in a Weekend Series

Hardcover: 95 pages

Publisher: Knopf (May 12, 1992)

Language: English

ISBN-10: 0679412778

ISBN-13: 978-0679412779

Product Dimensions: 0.5 x 6 x 9 inches

Shipping Weight: 5.6 ounces

Average Customer Review: 4.4 out of 5 starsÂ Â See all reviewsÂ (10 customer reviews)

Best Sellers Rank: #891,825 in Books (See Top 100 in Books)   #104 inÂ Books > Sports & Outdoors > Miscellaneous > Air Sports & Recreation   #2741 inÂ Books > Sports & Outdoors > Water Sports

Customer Reviews

This book follows the premise that a picture is worth 1000 words and it succeeds. All the basics and more are covered in well presented pictures accompanied by diagrams, and step by step graphic progressions. Basic technique, equipment, safety, etc. are covered, leading the user up to an intermediate level of windsurfing. The only better things would be an instructional video or private instruction. Especialy at the price, this book is a real "keeper" in your sailing library. I teach windsurfing and every student that has bought the book, has continued to use it and enjoy it.

Offers a lot of critical points not covered in the other books for beginners I have read. Consistent with lessons from certified instructors and covers more. Extremely comprehensive, still useful after 22 hours on beginner boards and 5 hours of lessons. Great color graphics, quality binding.

This is an excellent book for a beginner windsurfer. It is very concise and it covers a lot in a small number of pages.This book has about 2 pictures per page. The pictures are really useful to understand the concepts and the movements.But do not expect to be an expert windsurfer in a weekend.Windsurfing is just like riding a bike, or driving a car. The theory is relatively simple, you

can understand it quickly, but it usually takes some time for you to do the "right things" automatically.The best way to learn to windsurf is to attend a lesson at a windsurfing school. A lesson is absolutely the best investmente for a beginner windsurfer.But reading this book is definitely helpful. It will get you used to the terminology and basic theory and it will also help you know what to expect in your lesson.Of all windsurfing books that I have seen this one has by far the best pictures and illustrations.

Of course, no reading will replace real experience, but this book will help you a lot. It will tell you how to start, how to paddle to the shore, and once you can stand on the board it'll teach you how to steer. Just don't expect to learn to sailboard in a weekend, it will take longer! The book covers only the basics, it's only about 90 pages with 60% being pictures. Have fun!

I purchased this book because I bought a windsurfing board at a garage sale and I wanted to learn how to windsurf. The book is very detailed and shows the basics on how to windsurf. There are a lot of pictures and diagrams throughout the book which are a valuable learning aid. The only tip I have to make your first windsurfing experience a good one is to make sure you are using a windsurfing board with a high volume. I was using a competition style board which caused me to lose my balance a lot. Eventually I just used a friends board (which was of larger volume) and I caught on quickly using this book.

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